



Claire Statton Memorial Invitational
presented by: TOPS YMCA Swim Team
January 21-23, 2011

The Claire Statton Memorial Invitational is sanctioned by USA Swimming and Illinois Swimming, Sanction No. **ILS11-0116**. All USA Swimming and ISI rules apply including safety rules that will be strictly enforced.

MEET DIRECTOR	ENTRY CHAIR	HEAD REFEREE	SAFETY COORDINATOR
Huan Tran 312-286-0975 tops.htran@gmail.com	George Adcock 255 S Marion Street Oak Park, IL 60302 708-434-0228 gadcock@westcookymca.org	Glenn Gabriel gjgabriel@comcast.net	George Adcock gadcock@westcookymca.org

MEET SCHEDULE

Friday PM	Warm-up: 4:30pm	Meet starts: 5:30pm
Sat/Sun AM	Warm-up: 7am	Meet starts: 8am
Sat/Sun PM	Warm-up: TBA (immediately following conclusion of morning session)	Meet starts: 1 hour after start of warm-up Please check the TOPS swim team website, www.topswim.org , for afternoon warm-up times after January 19 th

LOCATION

University of Illinois–Chicago, 901 W. Roosevelt Rd., Chicago, IL.

FACILITY

The UIC pool is 25 yard, eight-lane pool with starting blocks at the west end of the pool. The start end of the pool is 16' 0" deep. Competitor 6" non-turbulent lane lines, Daktronics timing system, and eight-lane display board will be used. Warm-up facility and seating for 550.

The competition course has been certified in accordance with 104.2.2C(4). The copy of such certification is on file with USA Swimming.

Parking

Parking is controlled by the UIC Parking Office who establishes all fees associated with parking. There is no free parking. The primary parking lot for all events in the UIC Athletic Facilities is Lot 5, located just north of the Physical Education building. The entrance to this lot is located on Morgan Street between Roosevelt Road and Taylor Street. In the event Lot 5 is not available, UIC Athletics and the UIC Parking Office will open the next closest available lot.

No Chair Policy

Due to safety concerns at UIC Natatorium, chairs of any type (lawn chairs/folding chairs/etc...) **WILL NOT BE ALLOWED** into the facility. This has been deemed a security concern as it would create an evacuation hazard if a problem should arise. There are no exceptions to this rule. Spectators refusing to cooperate will be asked to leave the premises. If you require special seating then please inform the person at the ticket table and they will be able to assist you. Only coaches will be allowed to bring chairs on deck pending approval from the safety marshal.



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- RULES AND SAFETY** All current USA Swimming and ISI rules and regulations apply. ISI and USA Swimming safety rules will be strictly enforced. FINA starting procedures and rules (whistle commands, no recall) will be followed.
- ELIGIBILITY** All USA Swimming registered swimmers are eligible. All swimmers must be registered prior to the entry deadline. Entries listed as "Registration applied for" will not be accepted. Registration forms can be obtained from the Illinois Swimming Office, 1400 E Touhy Ave, Suite 245, 60018, Phone: 847-824-1596, Fax: 847-824-1876. A swimmer's age as of the first day of the meet will determine their age for this meet.
- USA SWIMMING, INC MEMBERSHIP** Insurance regulations require that all swimmers, judges, starters, and referees be current members of USA Swimming. It is each club's responsibility to register their swimmers, coaches, and officials. Swimmers, coaches and officials who are not current members of USA Swimming may not participate in the meet or be on deck.
- COACHES** All coaches must be currently registered with USA Swimming and must continuously display their current USA Coach Member registration card at all times while on deck.
- ENTRIES** Entries will be accepted starting at 8am on **December 20, 2010**. Entries must be received on or before **January 3, 2011**. Entries will be accepted by e-mail only. All entries should be sent to the Entry Chair.
- Please submit short course yard entry times. All entry times must be achieved in accordance with USA Swimming rules prior to the entry deadline. All entries must be submitted on the entry forms attached or facsimiles thereof. The attached summary form, release and hold harmless statement, and all entry fees must accompany all entries. Failure to comply with any entry requirement will be sufficient cause to refuse entry. Entries will be accepted in Hy Tek format.
- A printed copy of the entry, all forms, waivers, and summaries, and a check for entry fees must be received within 96 hours of receipt of entry. The host club accepts no responsibility for receipt of e-mail entries. Confirmation of receipt is the sole responsibility of the sender.
- ENTRY FEES** \$3.00 per individual event; \$7.00 per relay. In addition, a swimmer surcharge of \$2.00 per swimmer is required by Illinois Swimming. A check for the full amount must accompany your entry.
- ENTRY LIMITATIONS** Athletes may enter four events per day, plus relays.
- The host club reserves the right to limit events 400 yards and longer. Swimmers in the 1650 must provide their own timer and counter.
- EVENTS** In accordance with USA Swimming Rules; Articles 105 and 202.1.13, the Meet Referee has the authority to accommodate swimmers with disabilities. It is the responsibility of the coaches or swimmers to contact the Meet Referee, prior to competition, with specific request.



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- POSITIVE CHECK-IN** Positive check in will close 30 minutes after warm-ups begin.
- SEEDING** Events will be timed finals seeded slowest to fastest with the exception of the 1650, which will be seeded fastest to slowest alternating heats of girls and boys.
- RELAYS** We will supply relay sheets in the coach's meet packet. Relay cards will be due 30 minutes before the meet begins.
- AWARDS** We will give individual events awards for places 1-8 and relay awards for places 1-3.
- ADMISSIONS** \$5.00 per day for adults, \$3.00 for children ages 12-18, and ages 11 and under are free.
- MEET PROGRAMS** \$5.00
- CONCESSIONS** Food concession and coaches hospitality will be provided by the host team. Swim gear will be available from All-American Aquatics.
- MEET RESULTS** Final meet results will be e-mailed to the address listed on the Summary Fee / Release Form to participating teams with 5 or more swimmers. Additional copies may be ordered at the admission table for \$10.00.



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Friday PM		
Girls	Event	Boys
1	10 & Under 200 IM	2
3	11-12 200 IM	4
5	OPEN 400 IM	6
7	10 & Under 200 Free	8
9	11-12 500 Free	10
11	OPEN 1650 Free	12

Saturday AM			9-10, 11-12
WU: 7am; Meet Start: 8am			
Girls	Event	Boys	
13	9-10 200 Med Relay	14	
15	12&U 200 Med Relay	16	
17	9-10 100 IM	18	
19	11-12 100 IM	20	
21	9-10 50 Free	22	
23	11-12 50 Free	24	
25	9-10 100 Back	26	
27	11-12 100 Back	28	
29	9-10 50 Breast	30	
31	11-12 50 Breast	32	
33	9-10 100 Fly	34	
35	11-12 100 Fly	36	

Sunday AM			9-10, 11-12
WU: 7am; Meet Start: 8am			
Girls	Event	Boys	
59	11-12 200 Free	60	
61	9-10 200 Free Relay	62	
63	12&U 200 Free Relay	64	
65	9-10 100 Free	66	
67	11-12 100 Free	68	
69	9-10 50 Back	70	
71	11-12 50 Back	72	
73	9-10 100 Breast	74	
75	11-12 100 Breast	76	
77	9-10 50 Fly	78	
79	11-12 50 Fly	80	

Saturday PM			8 and under, Open
WU: 11:30am; Meet Start: 12:30pm			
Girls	Event	Boys	
37	Open 500 Freestyle	xx	
39	8 & U 100 Med Relay	40	
41	Open 200 Med Relay	42	
43	Open 200 IM	44	
45	8 & U 50 Free	46	
47	Open 100 Free	48	
49	8 & U 25 Back	50	
51	Open 100 Back	52	
53	8 & U 25 Breast	54	
55	Open 100 Breast	56	
57	Open 200 Fly	58	

Session 5 - Sunday PM			8 and under, Open
WU: 11:30am; Meet Start: 12:30pm			
Girls	Event	Boys	
xx	Open 500 Freestyle	82	
83	8 & U 100 Free Relay	84	
85	Open 200 Free Relay	86	
87	Open 200 Free	88	
89	8 & U 25 Fly	90	
91	Open 100 Fly	92	
93	8 & U 25 Free	94	
95	Open 50 Free	96	
97	8 & U 100 IM	98	
99	Open 200 Back	100	
101	Open 200 Breast	102	



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Complete this form and send with entry form. Make check payable to: **TOPS Swim Team**

Entry Chairperson:
 George Adcock
 255 S Marion Street
 Oak Park, IL 60302
 708-434-0228
gadcock@westcookymca.org

8 & Under	# of swimmers _____	# of Entries _____	X	\$3.00	\$ _____
10 & Under	# of swimmers _____	# of Entries _____	X	\$3.00	\$ _____
11-12	# of swimmers _____	# of Entries _____	X	\$3.00	\$ _____
13-14	# of swimmers _____	# of Entries _____	X	\$3.00	\$ _____
OPEN	# of swimmers _____	# of Entries _____	X	\$3.00	\$ _____
Relays		# of Entries _____	X	\$7.00	\$ _____
	Total # of swimmers _____		X	\$2.00	\$ _____
			Total Fees		\$ _____

Name of Club _____ USA Swimming Association _____

Club Initials for Heat Sheet _____

Name of person and telephone number responsible for your teams volunteers _____

Names of coaches attending meet _____

Complete mailing address _____

Home Phone _____

Work Phone _____

Email Address _____

In consideration of the acceptance of this entry , I , intending to be legally bound, hereby consign, waive, and release any and all rights and claims for damages which may accrue against USA Swimming, Illinois Swimming, Inc., The Oak Park Swimmers, The West Cook YMCA, and UIC and its Board of Trustees, for any or all injuries suffered by me or any contestant or representative in said meet as a representative of my club. I attest that all athletes included in this entry and participating in this sanctioned event are duly registered as current athlete members of USA Swimming.

Signature (Coach or Club Representative) _____

The signed release must accompany each entry or entry will not be accepted. Entries must be received no sooner than December 20, 2010 , and no later than January 3, 2011.



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CONTROLLED MEET WARM-UP and SAFETY GUIDELINES
To be posted at all ISI Sanction/Approved competitions

A. WARM-UP PROCEDURES

- 1. General Warm-up** (first 30-45 minutes)
 - a. **NO DIVING** allowed from the blocks or edge of pool. Swimmers must enter the pool feet first, while maintaining contact with the deck with the body and a hand from the start end of the pool.
 - b. No sprinting or pace work allowed during this general warm-up session.
 - c. Entry into pool from starting end of pool only, unless noted otherwise by the meet director and meet referee.
- 2. Specific Warm-up** (last 30-45 minutes)
 - a. **Push/Pace Lanes** - Push off one or two lengths from starting end. Circle swim only. **NO DIVING.**
 - b. **Diving Lanes** - Sprint lanes for diving from blocks or for backstroke starts in specified lanes at designated times. (One length only)
 - c. **General Warm-up Lanes - NO DIVING.** Circle swim only.
 - d. At approximately half way through diving and push/pace, additional lanes may be opened at the request of the coach.

POOL	LANE USE		
	PUSH/PACE	DIVING	GENERAL WARM-UP
6 LANE	1 & 6	2 & 5	3, 4
8 LANE	1 & 8	2 & 7	3, 4, 5, 6
10 LANE	1 & 10	2 & 9	3, 4, 5, 6, 7, 8

B. SAFETY GUIDELINES

- 1. Coaches Responsibilities**
 - a. Coaches shall instruct their swimmers regarding safety guidelines and warm-up procedures as they apply to conduct at meets and practices.
 - b. Coaches shall actively supervise their swimmers throughout the warm-up session at meets and all practices.
- 2. Host Team Responsibilities**
 - a. Marshaling
 1. A minimum of two (2) marshals, who report to and receive instructions from the Meet Referee, shall be on the deck during the warm-up session.
 2. Marshals shall be current members of USA Swimming.
 3. Marshals shall have the authority to remove from the deck, for the remainder of the warm-up session, any swimmer or coach who is in violation of safety or warm-up procedures.
 - b. The host team shall provide signs for each lane at both ends of the pool, which indicate the designated use during warm-up.
 - c. Warm-up times and lane assignments shall be published in the meet information and posted at several locations around the pool area. The following statement shall appear in the information: "Illinois Swimming, Inc. Safety Guidelines and Warm-up Procedures will be in affect at this meet."
 - d. An announcer shall be on duty for the entire Warm-up session to announce lane and/or time changes and to assist with the conduct of the Warm-up.
 - e. Hazards in locker rooms, on the deck area or in areas used by coaches, swimmers, spectators, or officials shall be removed or clearly marked.
- 3. Miscellaneous:**
 - a. Backstrokes shall ensure that they are not starting at the same time as a swimmer on the blocks.
 - b. Swimmers shall not jump or dive into the pool to stop another swimmer on a recalled start.
 - c. Swimmers are required to exit the pool upon completion of their warm-up to allow other swimmers adequate warm-up time. The pool is not for visiting or playing during the warm-up session.
 - d. Warm-up procedures shall be enforced for any breaks scheduled during the competition.
 - e. The Referee may restrict use of bands, hand paddles, or fins during warm-up. The Referee shall have control over mitigation actions necessary to relieve situations deemed as dangerous or impairing the safety of other swimmers.

NOTE: Host clubs may, with the consent of the Meet Director and Meet Referee, modify the warm-up time schedule or recommended lane assignments depending on pool configuration, number of swimmers or other consideration, so long as safety considerations are not compromised. Any such changes shall be announced, and/or posted prominently in the pool area.



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Meet Assistance Form

Due to the difficulty in staffing large invitational meets, TOPS will require assistance from participating teams. The assistance will be needed with timing and officiating.

TOPS reserves the right to give priority to those teams that agree to provide Volunteer officials and timers for our meet.

Please provide the name of a contact person that will coordinate your team's volunteers in the space below and return with your entry. Someone from our meet committee will contact that person prior to the meet.

We require two timers per session in which a team has 5 or more swimmers entered. We also need officials for every session and would appreciate knowing who will be available for each session. Please submit names on the form, along with your entry, or no later that two weeks before the meet. Please mail the information to the meet director.

	Timers	Officials	Level	Phone
Saturday AM	_____	_____		
	_____	_____		
Saturday PM	_____	_____		
	_____	_____		
Sunday AM	_____	_____		
	_____	_____		
Sunday PM	_____	_____		
	_____	_____		
Team Name	_____			
Team Email	_____			
Volunteer Coordinator	_____			
Phone (Day)	_____	Evening	_____	

Thank You for your Cooperation