



**PRACTICE SCHEDULE
SPRING/SUMMER 2008**

SPRING SCHEDULE

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Tiny Tops		5:15-6 pm @ YMCA		5:15-6 pm @ YMCA		
Red	5-6 pm @ YMCA		5-6 pm @ YMCA		5-6 pm @ YMCA	
Black	6-7 pm @ YMCA		6-7 pm @ YMCA		6-7 pm @ YMCA	
Bronze		6-7:30 pm @ OPRF	6-7:30 pm @ OPRF	6-7:30 pm @ OPRF	6-7:30 pm @ OPRF	TBA am @ OPRF
Silver	6-7:30 pm @ OPRF	6-7:30 pm @ OPRF	6-7:30 pm @ OPRF	6-7:30 pm @ OPRF	6-7:30 pm @ OPRF	TBA am @ OPRF
Gold	7-9 pm @ OPRF	7-9 pm @ OPRF	7-9 pm @ OPRF	7-9 pm @ OPRF	7-9 pm @ OPRF	TBA am @ OPRF
High School	7-9 pm @ OPRF	7-9 pm @ OPRF	7-9 pm @ OPRF	7-9 pm @ OPRF		
National	7-9 pm @ OPRF	6-7am @ HS 7-9 pm @ OPRF	7-9 pm @ OPRF	6-7 am @ HS 7-9 pm @ OPRF	7-9 pm @ OPRF	TBA am @ OPRF

SUMMER SCHEDULE

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Tiny Tops		5:15-6 pm @ YMCA		5:15-6 pm @ YMCA		
Red	5-6 pm @ YMCA	7:30-8:30am @ Ridgeland	5-6 pm @ YMCA	7:30-8:30am @ Ridgeland	5-6 pm @ YMCA	
Black	6-7 pm @ YMCA	7:30-8:30am @ Ridgeland	6-7 pm @ YMCA	7:30-8:30am @ Ridgeland	6-7 pm @ YMCA	
Bronze	7-8:30 am @ Ridgeland	7-8:30 am @ OPRF	7-8:30 am @ Ridgeland	7-8:30 am @ OPRF	7-8:30 am @ Ridgeland	
Silver	6:45-9am @ Ridgeland	6:45-9am @ Ridgeland	6:45-9am @ Ridgeland	6:45-9am @ Ridgeland	6:45-9am @ Ridgeland	
Gold	6:45-9am @ Ridgeland	6:45-9am @ Ridgeland	6:45-9am @ Ridgeland	6:45-9am @ Ridgeland	6:45-9am @ Ridgeland	TBA @ OPRF
High School	6:45-9am @ Ridgeland	6:45-9am @ Ridgeland	6:45-9am @ Ridgeland	6:45-9am @ Ridgeland		
National	6:45-9am @ Ridgeland 4-6pm @ OPRF	6:45-9am @ Ridgeland 4-6pm @ OPRF	6:45-9am @ Ridgeland	6:45-9am @ Ridgeland 4-6pm @ OPRF	6:45-9am @ Ridgeland	TBA @ OPRF

Start Dates

Bronze, Silver, Gold & National – April 7, 2008

High School – May 12, 2008

Tiny TOPS, Red, Black – April 14, 2008

Workout Changes

Workout times and locations are subject to change. Conflicts with scheduling may arise at OPRF with regards to the high school activities. Weekly email and website will address any changes. Practice times @ OPRF could be earlier in May, after high school water polo has finished.