



New Athlete Registration Instructions

Welcome to all new and prospective TOPS Athletes and Families. This document will walk you through our registration process and provide all other necessary information about our program. If you have any further questions, please contact the team office by calling 708-434-0222, or email emeyer@opymca.org.

Learning about and joining TOPS/YMCA swim team

Step 1: Read through our New Family Registration Packet and look at our website for practice group descriptions, practice schedules, meet schedules and equipment order forms.

Step 2: Attend a New Athlete Tryout night at the YMCA from 5-7pm on September 3rd or 5-6pm on September 4th. Can't attend on either of those dates? Contact the team office to schedule another appointment. Depending on space availability in our practice groups you may be offered a spot at the tryout, or will be put on a notification list.

Step 3: Please make sure your child has a current YMCA membership by stopping by the YMCA's welcome desk. If your child does not have a membership, one must be obtained before registering with TOPS. The only exception is that we offer a non-member rate for our Tiny TOPS program only.

Step 4: Once your child has been placed into a practice group, please fill out the TOPS 2008-09 Registration Packet that includes Registration Form, Medical Release Form and Volunteer Requirement form. You may attach a single check or complete credit card information at bottom of Registration Form.

Contact Information: If you have any further questions, please email us at emeyer@opymca.org or call the TOPS swim team office at 708-434-0222. Please send your completed registration packet along with payment to:

**TOPS/ YMCA
255 S Marion Street
Oak Park, IL 60302**

Step 5: Welcome to TOPS!! Our main team communication is through email and our team website (www.topswim.org). The website contains information about practice schedules, meet information and team events. Please make sure you keep our office up to date on any changes to your email address and phone numbers. We hope you enjoy your time with our swim team family!



Information for 2008-09

1. Equipment requirements for each training group are below. Most items are available for order from All-American Aquatics.
2. Practice schedule will be published as soon as possible. Times will remain generally the same as last year's short course season.
3. Athletes advancing to next practice group are posted on team website. If you have any questions please contact the team office.

Required Equipment Lists

Tiny TOPS

TOPS T-shirt
Team Suit
Team Cap x2
Goggles – 2 pair

Red and Black

TOPS T-shirt
Team Suit
Team Cap x2
Goggles – 2 pair
Water bottle

Bronze

TOPS T-shirt
Team Suit
Team Cap x2
Goggles – 2 pair
Water bottle
Rubber Training Fins
Finis Front Mount Snorkel
Mesh Equipment Bag

Silver

TOPS T-shirt
Team Suit
Team Cap x2
Goggles – 2 pair
Water bottle
Rubber Training Fins
Finis Front Mount Snorkel
Tennis Shoes
T-Shirt
Mesh Equipment Bag

Gold and National

TOPS T-shirt
Team Suit
Team Cap x2
Goggles – 2 pair
Water bottle
Rubber Training Fins
Finis Front Mount Snorkel
Tennis Shoes
T-Shirt
2 Tennis Balls
Mesh Equipment Bag



The Oak Park Swimmers



FALL/WINTER 2008-09
REGISTRATION FORM

ATHLETE DATA (Please print):

Form with columns: Last Name, First Name, M.I., DOB, Age, Sex (M/F), Training Group. Rows for #1, #2, #3.

PRIMARY GUARDIAN Information:

Form for guardian information including Name, Address, City, State, Zip, Home phone, Cell phone, Parent 1 Email, Parent 2 Email, Parent Occupation, Athlete 1 Email, Athlete 2 Email, Athlete 3 Email.

**Please make sure to provide current email addresses. Email is our primary method of communication

Table with columns: Swimming Fees, Athlete #1, Athlete #2, Athlete #3, Total. Rows include Team Group Fee, 10% multiple swimmer discount, 30% HS swimmer discount, USA Swimming ISI Card, Meet Escrow, Work Escrow, and Total.

Parent/Guardian certifies that the applicant(s) is(are) physically able to participate in a competitive swimming program, and parent/guardian is in agreement with the rules governing the program...

Parent/guardian signature _____ Date _____

Administrative use only:

OPYMCA Membership (Y/N) _____

Credit Card _____ Cash \$ _____ Check # _____ Amount Paid _____



The Oak Park Swimmers



FALL/WINTER 2008-09
MEDICAL RELEASE FORM

This health history form is correct so far as I know and the person herein described has permission to engage in all swim team activities except as noted. EMERGENCY AUTHORIZATION: I hereby give permission to the medical personnel selected by the West Cook YMCA to order X-rays, routine tests and treatment for my child. In the event I cannot be reached in an emergency, I hereby give permission to the physician selected by the West Cook YMCA to hospitalize, secure proper treatment for, and to order injections and/or surgery for my child as named above. This form may be photocopied for use of out of the YMCA.

Signature of parent/guardian _____ Date _____

Athlete Information:

Table with 4 columns: First Name, Last Name, DOB, Training Group. Rows for Athlete #1, Athlete #2, Athlete #3.

Parent/Guardian Emergency Information:

Name _____ Home Phone _____ Cell _____

Address _____
Street & Number _____ City _____ State _____ Zip _____

If not available in an emergency, notify:

Name (relation) _____ Phone _____

Address _____
Street & Number _____ City _____ State _____ Zip _____

Health History:

Table with 3 columns: Health History (Frequent Ear Infections, Heart Defect/Disease, Convulsions, Diabetes, Hypertension, Asthma), Allergies (Hay Fever, Poison Ivy, Penicillin, Other Drugs, Bee Stings), and other conditions (Mononucleosis, Chicken Pox, Measles, Mumps, Epilepsy).

Operations or serious injuries (dates): _____

Disability or chronic reoccurring illness: _____

Any specific activities to be encouraged or limited by physician's advice: _____

Dietary modifications: _____

Current medications: _____

Name of dentist/orthodontist: _____ Phone: _____

Name of Family Physician: _____ Phone: _____

Do you carry family medical/hospital insurance? _____ If so, indicate:

Carrier _____ Policy or Group # _____

TOPS

The Oak Park Swimmers 

FALL/WINTER 2008-09 TEAM FEES

Training Group	Season Fee
National	\$890
Gold	\$740
High School	\$375
Silver	\$635
Bronze	\$505
Swm-4-Fitness	\$390
Black	\$390
Red	\$390
Tiny-Tops	\$215 YMCA members \$320 YMCA non-members

Additional Required Fees

Oak Park YMCA Membership: All TOPS swimmers, excluding Tiny Tops, must have a current YMCA membership. Please see a YMCA Member Service representative to apply.

ISI Registration Fee: \$60

Meet Escrow Balance: \$30 for Tiny Tops
\$60 for Red and Black Groups
\$100 for Bronze through National

These are minimum requirements. Please contact the TOPS office to receive your current balance due from previous seasons.

Team Apparel: Please review minimum required equipment list for each training group before placing your order. All orders will be shipped directly to your home. You may place the order using the brochure downloaded from the team website. Additional orders, after the initial deadline, can be placed online at www.all-american-aquatics.com or by calling 1-800-910-SWIM (7946).

Payment Options

Full Payment: Full payment of the Season Fee, ISI Registration Fee and Meet Escrow Balance can be paid at time of registration by check, debit card or credit card. Cards excepted are VISA, MasterCard and Discover. If paying by credit card, please fill out the Swim Team Payment Form.

3-month Payment Option: The YMCA offers a three month payment plan. If you choose this option, your TOPS fees can be paid in 3 equal monthly payments from your debit, VISA, MasterCard or Discover card. No checks with this option. Please fill-out the Swim Team Payment Form.

Multiple Swimmer Discount: 10% discount will be applied to additional swimmers from a family after the highest level swimmer has been paid.

High School Swimmer Discount: 30% discount applied to high school swimmers who are prohibited by IHSA from training with the team during their high school season. *This is for National and Gold groups only.*

Scholarships

The West Cook YMCA will not turn anyone away for financial reasons. Scholarships are available on a need basis. Applications are available from the front desk at the YMCA. Last year the West Cook YMCA provided scholarships to over 1,100 individuals.

Refund Policy

There will be no refunds for Season Fees after the first two weeks of practice from the official start time of the swimmer's respective season. ISI Registration Fees are non-refundable. West Cook YMCA membership dues are subject to the policy of the YMCA.



**VOLUNTEER REQUIREMENTS
FALL/WINTER 2008-09**

Like any other non-profit organization, TOPS relies heavily on volunteers to achieve its goals. In the process of volunteering, you not only fill an essential role in developing a successful team but you gain an opportunity to develop important friendships, have fun, and learn first hand about the sport your athlete is involved with.

This fall and winter, while we encourage *all* parents to volunteer, there will be no formal volunteer requirement for Tiny Tops and parents of *first year* Red and Black Swimmers. For the parents of all returning Red and Black swimmers as well as all parents of Bronze, Silver, Gold and National swimmers, the following stipulates the volunteer requirements for the 2008-09 Fall/Winter Short Course season:

A \$100 work escrow per family is due at the time of registration.

You will be asked to earn a *minimum* of 10 work credits during the season. For each work credit that your family earns (up to 10 per family) you will earn \$10 toward next season's work escrow, or as a cash refund at the end of the season should your swimmer leave the team.

At swim meets, work credits will be earned based on the job that is done. 'A' jobs will earn 5 work credits per session, 'B' jobs will earn 4 credits per session, and 'C' jobs will earn 3 credits per session. To earn work credits, a volunteer must be 16 years or older and must not be a participant in the swim meet.

'A' JOBS

**Computer Operator
Certified Meet Official**

'B' JOBS

**Announcer
Bull Pen
Clock Operator
Head Timer
Results Verification**

'C' JOBS

**Admissions
Clean-up
Concessions/Hospitality
Lane Timer (at home meets or away)
Positive Check-In/Heat Sheet Copying
Results Input
Ribbons/Results Posting
Runner
Set-up
Volunteer Monitor**

Due to the importance of the Claire Statton meet, which we will host, each volunteer for that meet will be given 1 bonus work credit for each session worked.

Swim meets require many bodies to be run smoothly and successfully. However, we realize there are other ways to promote the success of the swim team. Such "unclassified" opportunities may relate to:

- Becoming certified as either a YMCA or USA Swimming official.
- Fundraising
- Social Activities
- Publicity
- WEB Development

If you have a skill or an idea that you would like to offer, please contact any PAC member. Work credits for "unclassified" jobs will be determined by the PAC.

Please sign to indicate that you have read, understand and agree to being subject to the Volunteer Requirements.

Parent/Guardian

Date

TOPS

The Oak Park Swimmers 

MEET SIGN UP FALL/WINTER 2007-2008

Athlete's Name: _____

Please circle days athlete is able to attend meets and return form to TOPS office by September 19th.

**In order to qualify for Districts, athletes must compete in 3 YMCA meets (2 for HS athletes) prior to the meet. Thanksgiving Classic counts as 1 YMCA meet for each day attended.*

***All other Championship meets have qualifying standards. Athletes are expected championship meets in which they are qualified. If unsure, please consult with the training group coach*

Date	Meet	Target Athletes	Type	Location	Days Attending
September 27	Dual vs. BR Ryall	ALL	YMCA	OPRF High School	SAT
October 18-19	Lyons Pride	B, S, G, N	USA	Lyons Township HS La Grange	SAT SUN
November 7-9	Fox Fall Classic Swim Meet	ALL	USA	Nequa Valley HS Naperville	FRI SAT SUN
November 14-16	Toyota Grand Prix	National	USA	University of Minnesota	Qualifiers Only
November 22-23	YMCA Thanksgiving Classic	ALL	YMCA	TBA	SAT SUN <i>Counts as 2 YMCA meets</i>
December 7	TYR 8 & Under Classic	TT & Red	USA	Norris Rec Center St. Charles	SUN
December 12-14	Candy Cane Classic Prelim/Finals Meet	ALL	USA	Morton West HS Berwyn	FRI SAT SUN
December 20	Dual Meet vs. Leaning Tower Sharks	ALL	YMCA	OPRF High School	SAT
January 9-11	Irish Aquatics Winter Invitational	ALL	USA Family Travel	U of Notre Dame South Bend, IN	FRI SAT SUN
January 10-11	Mid-States Quad	"AA" or faster to apply	USA	IUPUI Indianapolis, IN	Qualifiers Only <i>Team Illinois Meet</i>
January 24-25	Claire Statton Memorial Invitational	ALL	USA	OPRF High School	All Entered
February 6-8	TYR Final Challenge Prelim/Finals Meet	B, S, G, N	USA	St Charles	FRI SAT SUN
CHAMPIONSHIP MEETS					
March 1	District Championships	Qualifiers	YMCA	TBA	Qualifiers Entered
March 5-8	Illinois Senior Championships	Qualifiers	USA	UIC	Qualifiers Entered
March 7-8	YMCA Area Championships	Qualifiers	YMCA	Dekalb	Qualifiers Entered
March 13-15	Illinois Age Group Championships	Qualifiers	USA	UIC	Qualifiers Entered
April 6-9	YMCA National Championships	Qualifiers	YMCA	Ft. Lauderdale, FL	Qualifiers Entered

*Meets appearing in bold having qualifying standards that must be met

**Additional intra-squad or dual meets may be added to schedule

