

Spring Registration

Haven't turned in your forms? It's not too late. Please call the office at 708-434-0222 if you have any questions.

Do you know a friend or neighbor that missed try-out nights last week? It's not too late for them either; please have them call us to setup an evaluation with one of the coaches.

Practice @ YMCA

Practice for Tiny TOPS, Red & Black begin this week at the YMCA!

Tiny TOPS: T & Th 5:15-6pm

Red: M-W-F 5-6pm

Black: M-W-F 6-7pm

Spring & Summer Meet Information

Meet Sign-up Forms

Please hand in your meet sign-up form to one of the coaches, or mail to the office ASAP. Spring & summer meets are coming up quick and the entry deadlines for the team are early!

St. Charles Pentathlon

The meet sign-up sheet has incorrect days/times for the age groups in St. Charles. Please note corrections below. (sign-up sheet used last year's schedule!) Remember athletes must be in the 300 Power Point Club or higher to attend. Power Point Clubs list here: www.topswim.org/powerPointClubs.pdf

Saturday, May 17: 13 & older (afternoon, warm-ups at noon)

Sunday, May 18: 10 & under (morning, warm-ups 8am); 11-12 (afternoon, warm-ups ~1:00pm)

Chicago Classic Entry Deadline

We will send in our team entry for the Chicago Classic this Friday (April 18th). Please make sure your meet sign-up sheet is turned in before then. Meet information can be found on our website at www.topswim.org/meetInformation. Time standards are include in the meet packet.

Indy Dolphins Meet

We are exploring making the Indy Dolphins meet a team travel meet for swimmers ages 11 & up, in the Silver, Gold & National groups. Plans would include leaving Thursday, June 26th and returning Sunday, June 29th. We would travel by bus and stay in a hotel as a group. Cost would be between \$200-\$300 per swimmer plus meals. Cost includes transportation and hotel. Please email me if you would be interested, we need about 30 swimmers to make this trip feasible.

TOPS Apparel & Training Gear -- **DEADLINE - FRIDAY, APRIL 18**

All apparel and equipment orders will be placed **end of day April 18**. Please turn your equipment and order forms in **to your coach** no later than Friday. Experience has told us that it is more efficient to place ONE bulk order rather than several small or individual orders. In addition, several items have minimum purchase requirements. Things to note:

TEAM SUIT, CAP, and RINGER T-SHIRT are REQUIRED AT MEETS!

- 1 - Check your swimmers suit, growth happens! Order a new suit.
- 2 - Did you move UP TO BRONZE? Your new equipment requirement includes snorkel, fins, and a mesh bag. These items must be purchased through the team; snorkel sets at local retailers serve a different function than what is required at swim practice.
- 3 - Hoodies - we have a few YOUTH HOODIES and YOUTH FLANNEL pants from fall - please put a note on your order if you are interested. We have a few swimmers looking for ADULT HOODIES, we can not order more until we have enough orders - again put a note on your order. Remember it's still chilly in the early season!
- 4 - STADIUM CHAIRS: Currently we are sold out of chairs. We can order more if we have at least 12 orders. Your back will thank you!

5 - TEAM TOWELS - towels are in stock now, if paying by check, please send a separate check for TOPS at \$35.50.

5 - NEW Female Rib Tank - last year's tank was terrible! The NEW TANK is 4" longer!

Equipment & Apparel?

Contact Dana Connell at dconnell@colum.edu or call 312-344-6282 (days).

TOP 10 Oak Park Winter Sports Highlights

March 12, 2008 -- Wednesday Journal

TOPS makes TOP 10 Oak Park Sports Highlights for last winter! #8 on the list.

[Full article here](#)